



**NATIONAL CANCER CENTRE "GIOVANNI PAOLO II"**

Viale Orazio Flacco 65, 70124 Bari - Italy - website: [www.oncologico.bari.it](http://www.oncologico.bari.it)



**THE NETHERLANDS CANCER INSTITUTE NKI-AVL**

Plesmanlaan, 121 1066 CX Amsterdam - The Netherlands - website: [www.nki.nl](http://www.nki.nl)

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**ESO-OECI INTERNATIONAL STUDY DAY ON CANCER SURVIVORSHIP, CME COURSE.**

**STATE OF THE ART OF CANCER SURVIVORSHIP RESEARCH:**

***Symptom Management, Psychosocial Care And Rehabilitation***

**Bari, April 26<sup>th</sup> - 28<sup>th</sup> 2012**

**Chairs: *Vittorio Mattioli and Neil Aaronson***



©Landscape of Bari from the old lighthouse, 1993

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#### **BACKGROUND**

*Improvement in cancer survival rates has increased longevity but has also revealed physical and psycho-social sequelae of long-term survivorship and raised many questions regarding how to assess, treat, and prevent these survival-related problems. For these reasons, cancer survivors often have medical, psychosocial, emotional, cognitive, physical, spiritual and economic sequelae that negatively affect their quality of life. It is estimated that late effects and long-term sequelae of cancer and its therapies are present in about 75% of long-term survivors but there is limited information about the exact incidence and prevalence of many physical late effects.*

*This event is firstly focused on deepening the state of the research in Europe and in the USA about many issues such as Ageing, Comorbidity, Symptoms, Psychosocial Health, Rehabilitation and Physical Activity.*

*Secondly, the conference will offer the opportunity to compare European with American knowledge and practice in cancer survivorship, and to create/improve a European study group on this research field.*

*The occasion should be favorable for looking for common strategies and policies to meet the unmet needs of cancer survivors, which sometimes differ depending on the country, culture, and health system.*

*Considering the growing significance of cancer survivors' issues, on behalf of the Steering Committee, we are very pleased to ask for your participation in this meeting.*

#### **MAIN TOPICS**

##### **Ageing, Comorbidity and Symptoms**

- *Population Monitoring for Cancer Survivors*
- *A spectrum of chronic survivorship conditions after cancer treatment*
- *Symptom Burden Among Breast Cancer Survivors*
- *Burden of Surviving Cancer among older adults*
- *Post Cancer Pain: a new research frontier in Cancer Survivorship*
- *Pain and other concerns in bone marrow transplant survivors*

##### **Psychosocial Health: diagnosis and treatment**

- *Which factors influence on cancer survivors' quality of life?*

- *Psychological Morbidity in Cancer Survivors*
- *Pathway of Fatigue in Survival*
- *Behavioral Changes after Cancer*
- *Intervention for Psychological Well-Being*
- *Sexuality and Intimacy in Cancer Survivors*

#### **Rehabilitation and Physical activity**

- *Employment and work-related issues in cancer survivors*
- *Physical activity programs for cancer survivors*
- *Rehabilitation issues in brain tumors cancer survivors*
- *E-Health initiatives on cancer survivor empowerment*
- *Comprehensive Rehabilitation: what does Europe offer to cancer survivors?*
- *Studies on physical exercise during and after cancer treatment*

#### **PURPOSES**

*The main purposes of the ESO-OECI Study Day on Cancer Survivorship are:*

- ❖ *To outline the main issues concerning cancer survivorship, such as Ageing, Comorbidity, Symptoms, Psychosocial Health, Rehabilitation and Physical Activity;*
- ❖ *To deepen the state of the research in Europe and in the USA about the aforementioned issues;*
- ❖ *To compare European and American knowledge and practice in cancer survivorship;*
- ❖ *To create/improve a European study group on this research field.*

#### **TARGET**

*The CME Course is addressed to all Health Care Professionals interested in Oncology: **Postgraduate Medical Doctors, Oncology Psychologist , Oncology Nurses, Physical Therapists, Social Workers, Pharmacists,** to improve knowledge about the issues of Cancer Survivorship. The American and European Chairmen and Speakers will present the State of The Art of Cancer Survivorship Research, offering to the attendees a deeper understanding and appreciation of aspects of Cancer Survivorship concerning Symptom Management, Psychosocial Care and Rehabilitation. Both the presentations and the discussions will offer new perspectives and describe emerging approaches to meet Cancer Survivors' needs and help them manage cancer related sequelae.*

#### **CME CREDITS**

*The Study Day CME Committee will ask for national and international accreditation in compliance with CME regulations. Credits will be assigned to attendees to all sessions who completed both the entrance and exit CME tests. Attendance will be verified by signature both at the start and the end of the sessions.*

#### **FEE/REGISTRATION**

*The Registration fee is € 100 and the maximum number of attendees is 100.*

*Participation is free for students taking Degree and Specialization Courses in disciplines related to the Study Day's topics, and for Patients and Registered Members of Voluntary Organizations in Oncology.*

#### **POSTER SESSION**

*A Poster Session (portrait, 70 x 100 cm) will be held in the Congress lounge for the duration of the event. Upon submission of abstracts, a Scientific Commission will judge the posters based on originality, research accuracy and innovation, and will chose the first 5 of them as oral presentations. **Free registration and all-inclusive hospitality for one night will be offered to the first author of the five chosen presentations.***

*Posters should be on display by 9.00 a.m. April 26<sup>th</sup> and they will remain throughout the meeting.*

***Poster abstracts (English language, max 2500 characters, including spaces, max 4 references) must be submitted by February 28<sup>th</sup> 2012, via email only to the following addresses:***

*E&Tworking\_group@oeci.eu   criticare@oncologico.bari.it   m.longo@oncologico.bari.it*

*Both the registration of the first author and his presence are compulsory.*

#### **SERVICES FOR PARTICIPANTS**

*All attendees will receive an Educational Book containing a current selection of international papers about the main topics of the meeting.*

*Lunch and coffee break will be provided during the course.*

*An Organizing Secretariat is available for information and advice regarding all aspects of the course, including registration, travel and accommodation..*

#### **SCIENTIFIC COORDINATOR**

**Dr. Vittorio Mattioli, MD**

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#### **SCIENTIFIC SECRETARIAT**

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#### **SCIENTIFIC COMMITTEE**

**Neil Aaronson**

*Director, Department of Psychosocial Research, The Netherlands Cancer Institute, Amsterdam. The Netherlands*

**Vittorio Mattioli**

*Director, Department of Critical Area & Surgery, National Cancer Centre IRCCS “G. Paolo II”, Bari. Italy*

**Angelo Paradiso**

*Scientific Director, National Cancer Centre IRCCS “G. Paolo II”, Bari. Italy*

**Kevin Stein**

*Director, Quality of Life and Survivorship Research ACS, Atlanta, Georgia. USA*

#### **CME COMMITTEE**

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#### **ORGANIZING SECRETARIAT**

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#### **VENUE**

**NATIONAL CANCER CENTRE IRCCS “GIOVANNI PAOLO II”**

**Meeting Hall, Viale Orazio Flacco, 65, 70124 Bari – Italy**